

PRE-PROCEDURE DAY INFORMATION

*****PLEASE READ AT LEAST FIVE DAYS BEFORE YOUR PROCEDURE*****

At least two days prior to your procedure, someone from the surgery center will call you before your procedure to confirm your arrival time and review information regarding your procedure.

PLEASE BE ADVISED OF THE FOLLOWING:

It is your responsibility to contact your insurance company to learn whether a specific procedure is covered and if it will be applied to a deductible. Some insurance plans have riders and underwriting on the plan that may or may not cover any or all of the procedure. We want you to be aware and understand the specifics of your insurance coverage. We are happy to provide you with the codes that could be used when submitting your claim to the insurance company.

*****VERY IMPORTANT*****

There are three (3) entities involved that will send a bill following your procedure.

1. FACILITY: Franklin Surgery Center or Williamson Medical Center
2. OneGI:
 - Dr. Michael Blanco
 - Pathology (if any specimens are collected during procedure)
3. ANESTHESIA

Anesthesia, pathology, and physician charges are filed with insurance for determination of additional patient financial responsibility.

SURGERY CENTER LOCATIONS:

You will report to one of the surgery centers noted below as instructed by your provider/nurse.

Franklin Surgery Center

9160 Carothers Parkway, Suite 100
Franklin, TN 37067
Phone: 615-550-6066

Williamson Medical Center

4323 Carothers Parkway, Suite 100
Franklin, TN 37067
Phone: 615-435-7900

Enter through the main hospital entrance.

PROCEDURE DATE: _____

PROCEDURE TIME: _____

Colonoscopy Prep General Instructions

- The day before your procedure, you must stay on a **Clear Liquid Diet**.
 - **Clear Liquid Diet**
 - *Coffee (no dairy or cream)*
 - *Tea (no dairy or cream)*
 - *Fruit Juice without Pulp (orange, apple, white grape, white cranberry)*
 - *Gatorade, G2, Powerade (no red or purple flavors)*
 - *Crystal Light*
 - *Broth*
 - *Jello*
 - *Sodas (coke, diet coke, etc.)*
 - *Juice popsicles without fruit or pulp*
- **DO NOT** have milk/cream products, red, pink or purple colored liquid, or any alcoholic beverages.
- Drink 6-8 ounces of clear liquid every hour throughout the day to stay hydrated.
- **Nothing by mouth four (4) hours prior to procedure, including gum, mints, candy, or water.**
- Do not use any recreational drugs or alcohol for 48 hours prior to your procedure.

Medications

- You will need to stop taking full-dose aspirin (325mg), blood thinners and/or arthritis medications such as Motrin, Advil, Vitamin E and herbal supplements for 5 days prior to your procedure, unless otherwise instructed. You may take Baby Aspirin (81mg), Tylenol, multi-vitamins and all other prescription medications. If you are unsure about a medication, please ask your physician or nurse. Please see attached list of medications to avoid.
- If you take heart, blood pressure or seizure medications you should take them as directed the morning of your procedure with a small amount of water. All other medications should be held until instructions are given after your procedure.

Don't Forget

- You must drink the recommended amount of water and/or clear liquids while taking this bowel preparation to prevent serious side effects and to ensure that you are properly prepared.
- If you do not follow these directions, your exam may have to be repeated or rescheduled.
- You must have a responsible adult to accompany you home. **If you do not have an adult escort, your procedure will be cancelled and rescheduled.**
- You need to bring your insurance card and a photo ID with you.
- Please bring your medication list with you on the day of your procedure, along with the date your medication was last taken.

PROCEDURE DATE: _____

PROCEDURE TIME: _____



SPLIT PREP INSTRUCTIONS

*****PLEASE BE SURE TO FOLLOW THESE INSTRUCTIONS*****

You will need to purchase the following items from the pharmacy two (2) days prior to your procedure:

NO PRESCRIPTION NEEDED FOR ANY OF THESE ITEMS

2 - Dulcolax (Bisacodyl) 5mg Oral Tablets (Laxative)

1 - 238g Bottle of Miralax

1 - 64oz Bottle of Gatorade, G2, or Powerade (no red or purple flavors)

Day Before Procedure

1. In the morning, mix a 238g bottle of Miralax powder into the 64oz bottle of Gatorade. Shake solution until Miralax is dissolved and chill in the refrigerator until time to begin prep.
2. Consume a clear liquid diet all day - breakfast, lunch, and dinner.
A clear liquid diet may include: water, soft drinks, coffee or tea without cream, jello, juice without pulp (orange, apple, white grape, white cranberry), popsicles, broth and bouillon.
IMPORTANT: Remember not to drink any dairy products or red or purple colored beverages, jello, popsicles, etc.
3. Drink at least 6oz of clear liquids every hour.
4. At 2:00pm, take two (2) Dulcolax 5mg oral tablets with water.
5. At 4:00pm, start drinking the Miralax-Gatorade prep, 8oz every 15-30 minutes until half (32oz) of the solution is gone. Refrigerate the remaining 32oz of the prep.
IMPORTANT: If you become nauseous during the ingestion of the Miralax-Gatorade prep, stop the prep for 45 minutes, then resume. Continue to drink clear liquids until bedtime.

Day of Colonoscopy

*****NO SOLID FOODS*****

Six (6) hours before procedure, drink the remainder (32oz) of the Miralax-Gatorade prep, 8oz every 15-30 minutes. *****After drinking this, you may have nothing else by mouth prior to your procedure.*****

IMPORTANT NOTE:

*****PLEASE REMEMBER, IF YOU EAT OR DRINK ANYTHING WITHIN FOUR (4) HOURS OF YOUR PROCEDURE, THIS WILL RESULT IN A DELAY OR CANCELLATION OF YOUR PROCEDURE!! THIS INCLUDES WATER, MINTS, HARD CANDY AND GUM!!*****

PRODUCTS TO AVOID PRIOR TO YOUR PROCEDURE
(IMPORTANT: These are drugs that can thin your blood and may cause bleeding.)

Avoid these medications for at least 5 days before your procedure.

Advil	Loritab ASA
Aggrenox	Magsal
Aleve	Midol
Alka Seltzer	Mobic/Meloxicam
Anaprox	Mobigesic
Anacin	Monogesic Tablets
Arthritis Pain Formula	Motrin
Ascriptin	Naprosyn
Aspergum	Naprelan
Aspirin 325mg (Baby Aspirin 81mg is OK)	Naproxen
Azoid	Norgesic
BC Powders	Norwich
Bextra	Nuprin
Brilinta	P-A-C Analgesic
Bufferin	Pepto-Bismal
Carna Arthritis Medication	Percodan
Celebrex	Phentermine HCL
Clinoril	Plaquenil
Coumadin	Plavix
Darvon Compound /Darvocet	Pradaxa
Disalcid	Robaxisal
Doan's Pills	Salflex
Dristan	Salsalate
Easpirin	Salsitab
Ecotrin	Savaysa
Effervescent Tablets	Sine-Aid
Effient	Soma Compound
Eliquis	Stanback
Empirin	Synalgos-DC
Equagesic	Talwin
Etodolac	Therapy Bayer Caplets
Excedrin	Tolectin
Feldene	Tolmetin
Fenoprex	Toradol
Fiorinal	Trigesic
Fish Oil	Trilisate
Formula Caplets	Urisinus-Inlav
Goody Powders	Vanquish
Haltran	Vitamin E
Ibuprofen	Vioxx
Ibu-Tab	Warfarin
Indocin	Xarelto
Lodine	Zontivity